

- Check your vehicle emergency supplies kit and replenish it if necessary. (See Appendix: Emergency Supplies for Your Vehicle.)
- If you will be driving in wintry conditions, in addition to the usual emergency supplies you keep in your vehicle, be sure to keep enough of the following for each person:
 - Blankets or sleeping bags.
 - Rain gear, extra sets of dry clothing, mittens, socks, and wool hats.
 - Newspapers for insulation.
 - Plastic bags for sanitation.
 - Canned fruit, nuts, and high energy "munchies." (Include a non-electric can opener if necessary.)
- Keep in your vehicle:
 - A windshield scraper and small broom for ice and snow removal.
 - A small sack of sand for generating traction under wheels and a set of tire chains or traction mats.
 - Matches in a waterproof container.
 - Cards, games, and puzzles.
 - A brightly colored (preferably red) cloth to tie to the antenna.
- Keep a cell phone or two-way radio with you when traveling in winter. Make sure the battery is charged.
- If you must be on the road during a winter storm, bring warm broth in a thermos and several bottles of water for each person.
- Keep your vehicle's gas tank full so you will be ready in case of emergency and to prevent the fuel line from freezing.
- Plan to travel during daylight and, if possible, take at least one other person with you.
- Let someone know your destination, your route, and when you expect to arrive. If your vehicle gets stuck along the way, help can be sent along your predetermined route.
- Before leaving, listen to weather reports for your area and the areas you will be passing through, or call the state highway patrol for the latest road conditions.
- Be on the lookout for sleet, freezing rain, freezing drizzle, and dense fog, which can make driving very hazardous.
- Avoid traveling during a winter storm.
- If you must travel and do become stranded, it is better to stay in the vehicle and wait for help. Do not leave the vehicle to search for assistance unless help is visible within 100 yards (91 meters). You can quickly become disoriented and confused in blowing snow.
- If you are stuck in a vehicle:
 - Display a trouble sign to indicate you need help. Hang a brightly colored cloth (preferably red) on the radio antenna and raise the hood after snow stops falling.
 - Run the engine occasionally to keep warm. Carbon monoxide can build up inside a standing vehicle while the engine is running, even if the exhaust pipe is clear. Running the heater for 10 minutes every hour generally is enough to keep the occupants warm. Running the engine for only short periods reduces the risk of carbon monoxide poisoning and conserves fuel. Turn on the engine for about 10 minutes each hour (or five minutes every half hour). Use the heater while the engine is running. Keep the exhaust pipe clear of snow, and slightly open a downwind window for ventilation.
 - Leave the overhead light on when the engine is running so that you can be seen.